

# WASTE AND COMPOST DOS AND DON'TS

## ✓ DO WASTE

All waste goes in garbage bags and then into the City issued cart.

- Plastic bags & plastic wrap
- Plastics with no recycling codes
- Diapers & sanitary hygiene products
- Coffee cups & lids
- Styrofoam
- Chip & cookie bags
- Granola & chocolate bar wrappers
- Butter wrappers
- Dryer sheets & lint
- Cotton balls & swabs
- Bottle caps & lids

## ✓ DO COMPOSTING

Residents can divert up to 40% of their household waste by composting.

### ALL FOOD WASTE

- Bones
- Breads
- Candy
- Cheese
- Coffee grounds & filters
- Cooked or raw food
- Cooking oil, grease & fat
- Dairy products
- Eggs & shells
- Fruits / vegetables & peelings
- Gourds
- Gum
- Meat, bones & fish
- Noodles
- Nuts
- Pasta
- Peanut butter
- Peanuts
- Pizza
- Pumpkins
- Rhubarb & leaves
- Rice
- Sauces
- Shellfish, including shells
- Seeds
- Tea leaves & bags
- Yogurt

### YARDWASTE

- Brush
- Cedar clippings
- Grass clippings (not chemically treated)
- Leaves
- Pinecones
- Plants
- Roots
- Sawdust & wood shavings
- Seeds
- Straw & hay
- Twigs & branches (2-inch diameter or less)
- Weeds

### OTHER MATERIAL

- Feathers
- Hair (human & pet)
- Kitty litter (Clay-based or from compostable materials like corn, wheat, pine shavings, etc. Must wrap in compostable bag or newspaper.)
- Paper food wrap & bags
- Paper plates (no Styrofoam)
- Paper napkins & paper towels (when soiled with food waste)
- Pet waste (must be in compostable bag or wrapped in newspaper)
- Pizza boxes (greasy or soiled)
- Popcorn & microwavable bag
- Popsicle sticks
- Muffin liners
- Wine corks



## ✗ DON'T COMPOST

- x Ashes
- x Diapers
- x Cigarette butts
- x Chemically-sprayed grass
- x Clothes & rags
- x Disposable coffee cups & fast food cups
- x Dryer sheets & lint
- x Glass, metal & plastic
- x Medical waste
- x Personal hygiene products
- x Rocks, bricks & gravel
- x Milk cartons
- x Paint, motor oil or gasoline
- x Plastic bags
- x Q-tips
- x Vacuum cleaner bags & contents
- x Wax



SAINT JOHN

# RECYCLING DOS AND DON'TS



## ✓ DO BLUE TOTE

### PAPER:

- Newspaper
- Office paper
- Catalogues, phone books
- Magazines, flyers, brochures and glossy paper
- Soft cover books
- Hard cover books - remove cover

### CARDBOARD:

- Flatten all boxes and breakdown to 30" x 30"
- Packaging boxes
  - Appliance boxes
  - Cereal and cracker boxes (remove inner bag)
  - Tissue boxes
  - Egg cartons
  - Paper towel cores

## ✗ DON'T RECYCLE

- x Coffee cups
- x Food contaminated paper or cardboard, e.g. pizza boxes, donut boxes (they belong in compost)
- x Milk cartons (they belong in green tote)
- x Waxed cardboard
- x Wax paper
- x Gift wrap

## ✓ DO GREEN TOTE

### PLASTIC CONTAINERS:

Rinse containers thoroughly and remove caps. Look for the recycling symbol with 1, 2 or 5.

- Milk, juice jugs
- Yogurt containers, sour cream, cottage cheese tubs
- Ice cream tubs (plastic)
- Ketchup, oil, vinegar and salad dressing bottles
- Peanut butter containers
- Shampoo bottles
- Bleach and detergent bottles
- Beverage containers (no glass)

### MILK CARTONS:

- Milk, cream and buttermilk cartons

### METAL CONTAINERS:

- All food & pet food cans
- Aluminum pie plates
- Clean aluminum foil
- Pop cans



## ✗ DON'T RECYCLE

- x Styrofoam
- x Plastic bags or plastic wrap
- x Chocolate bar wrappers
- x Chip bags
- x Vinyl siding
- x Aerosol cans
- x Paint cans
- x Toys, garden hoses, or furniture
- x Tetra paks - soup

If you have further questions, please visit our website [saintjohn.ca/wastewise](http://saintjohn.ca/wastewise) or contact our Customer Service Centre at 658-4455 or by email at [service@saintjohn.ca](mailto:service@saintjohn.ca)